

Take, O Lord, and receive  
my entire liberty, my mem-  
ory, my understanding and  
my whole will. All that I  
am and all that I possess

You have given me:

I surrender it all to You to  
be disposed of according  
to Your will. Give me only  
Your love and Your grace;  
with these I will be rich  
enough, and will desire  
nothing more.

- St. Ignatius Loyola

### **Retreat in Daily Life**

Sister Rachel Dietz, OSB  
(479) 783-4147

Email: [rachel@stscho.org](mailto:rachel@stscho.org)

For assistance in selecting a spiritual  
director, contact Sister Hilary Decker,  
OSB, (479) 783-1135.



St. Scholastica Retreat Center  
P.O. Box 3489  
Fort Smith, AR 72913  
RETURN SERVICE REQUESTED

## **St. Scholastica Retreat Center**



## **Retreat in Daily Life**

Presented by:

St. Scholastica Retreat Center

At three locations in Fall, 2010:

St. Scholastica Retreat Center  
(479) 783-1135

St. Paul's Episcopal Church Fayetteville  
(479) 442-7373

St. Vincent De Paul Church, Rogers  
(479) 636-4020

# Are You Taking Time to Grow Spiritually??

Do you find it difficult to take time away for a retreat—especially one of longer duration?

The “Retreat in Daily Life” is a way for busy people to grow deeply in their relationship with and commitment to Jesus Christ. It is a seven-month experience of the Spiritual Exercises of St. Ignatius. It will again be offered October 2011 to May 2012 under the guidance of the Benedictine Sisters, St. Scholastica Spirituality Center. This form of retreat involves giving time each day to prayer, committing to the method of the Exercises for one hour each day.

Groups of 6-8 persons will be led through 30 weekly group sessions. Persons making the retreat will likewise have a personal spiritual guide who will meet with them in 15 one-to-one sessions every other week @ \$20 per individual session. A fee of \$70 per month is suggested as compensation for participation in the group meetings, plus a one-time \$50 supply fee. Since the Benedictine tradition has always been hospitality to all, we do not want anyone turned away for lack of funds. “Those who have been blessed with more may wish to contribute more, and those who have less give less so that all may be at peace in the house of God.” (Rule of Benedict)

The Retreat will be offered at three locations this fall: St. Scholastica Retreat Center; St. Paul’s Episcopal Church, 224 N East Avenue, Fayetteville, Arkansas; and St. Vincent De Paul Church, 1416 W. Poplar St., Rogers, Arkansas.

If you feel the Lord calling you to this kind of spiritual journey please register by July, 2011. Time is needed to prepare for this prayer experience and to be evaluated as to the readiness for this commitment. There will be no admittance after September 1, 2011.



Cut Here \_\_\_\_\_

## Registration Form for Retreat in Daily Life

Location:  St. Paul’s, Fayetteville  St. Vincent de Paul, Rogers  Retreat Center

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Email \_\_\_\_\_

Fax \_\_\_\_\_

Return form to: Sister Rachel Dietz, OSB, St. Scholastica Retreat Center P.O. Box 3489, Fort Smith, AR 72903

