

Take, O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess You have given me: I surrender it all to You to be disposed of according to Your will. Give me only Your love and Your grace; with these I will be rich enough, and will desire nothing more.

- St. Ignatius Loyola



St. Scholastica Retreat Center
P.O. Box 3489
Fort Smith, AR 72913
RETURN SERVICE REQUESTED

St. Scholastica Retreat Center



Retreat in Daily Life

St. Scholastica Retreat Center
P.O. Box 3489
Fort Smith, AR 72913
(479) 783-1135
retreats@stscho.org
www.stscho.org

Retreat in Daily Life

Sister Rachel Dietz, OSB
(479) 783-4147

Email: rachel@stscho.org

For assistance in selecting a spiritual director, contact Sister Hilary Decker, OSB, (479) 783-1135. Spiritual Directors are available at St. Scholastica Retreat Center.

Are You Taking Time to Grow Spiritually??

Do you find it difficult to take time away for a retreat--especially one of longer duration?

The "Retreat in Daily Life" is a way for busy people to grow deeply in their relationship with and commitment to Jesus Christ. It is a seven-month experience of the Spiritual Exercises of St. Ignatius. It will again be offered October 2009 to May 2010 under the guidance of the Benedictine Sisters, St. Scholastica Spirituality Center. This form of retreat involves giving time each day to prayer, committing to the method of the Exercises for one hour each day.

Groups of 8 - 10 persons will be led through 30 weekly group sessions. Persons making the retreat will likewise have a personal spiritual guide who will meet with them in 15 one-to-one sessions every other week @ \$15 per individual session. A fee of \$60 per month is suggested as compensation for participation in the group meetings, plus a one-time \$30 supply fee. Since the Benedictine tradition has always been hospitality to all, we do not want anyone turned away for lack of funds. "Those who have been blessed with more may wish to contribute more, and those who have less give less so that all may be at peace in the house of God." (Rule of Benedict)

The Retreat will be offered at St. Scholastica Retreat and Spirituality Center, 1205 S. Albert Pike, Fort Smith, AR 72903. The Retreat Center shares its building with Trinity Junior High School.

If you feel the Lord calling you to this kind of spiritual journey please register by July, 2009. Time is needed to prepare for this prayer experience and to be evaluated as to the readiness for this commitment. There will be no admittance after September 1, 2009.

Cut Here _____

Registration Form for Retreat in Daily Life

Name _____

Address _____

City _____

State _____

Zip _____

Telephone (Day) _____

(Evening) _____

Email _____

Fax _____

Return form to: Sister Rachel Dietz, OSB, St. Scholastica Retreat Center
P.O. Box 3489, Fort Smith, AR 72903