

If you feel drawn to discern a call to the ministry of spiritual direction, please contact one of the following persons for the various stages of the program or fill in the form on the reverse side and mail it in.

The Retreat in Daily Life is a prerequisite for all aspects of the program.

Retreat in Daily Life

Sister Rachel Dietz, OSB
(479) 783-4147
Email: rachel@stscho.org

Introduction to Spiritual Direction

Sister Hilary Decker, OSB
(479) 783-1135
Email: hilary@stscho.org

Spiritual Classics

Kay Britton
(405) 360-1252
Email: kaybritton@sbcglobal.net

For assistance in selecting a spiritual director, contact Sister Hilary Decker, OSB, (479) 783-1135. Spiritual Directors are available at St. Scholastica Retreat Center.



St. Scholastica Retreat Center
P.O. Box 3489
Fort Smith, AR 72913
RETURN SERVICE REQUESTED

St. Scholastica Retreat Center



DISCERNING A CALL TO SPIRITUAL DIRECTOR FORMATION



St. Scholastica
Retreat Center
P.O. Box 3489
Fort Smith, AR 72913
(479) 783-1135
retreats@stscho.org
www.stscho.org

SPIRITUAL DIRECTOR FORMATION

Sponsored by the Benedictine Sisters, St. Scholastica Retreat Center

A 5 stage discerning and training process for those considering the Ministry of Spiritual Direction

Spiritual Direction is the act of walking with people as they make their journey with God, getting in touch with who they are as persons, made in the image and likeness of God, to be manifested in the love and respect they give to themselves and others.

Prerequisite. **Retreat in Daily Life.** A seven-month experience of the *Spiritual Exercises of Saint Ignatius*. The retreat involves weekly meetings and one hour of prayer each day according to the method of the Exercises.

Introduction to Spiritual Direction. Presents the theory and skills necessary for spiritual direction. Focuses on the integration of personal spirituality with lived experience, cognizant of the centrality of the contemplative stance in direction.

Spiritual Classics. A variety of readings are studied which provide an understanding of the spiritual journey spanning more than 1600 years. Discussion is done in light of the elements of spiritual direction ministry.

***Practicum, Part 1.** A learning and discerning process involving immersion in study and practice of spiritual direction ministry. Instruction, reading and supervision form the basis of this year, while one directs an individual in the Spiritual Exercises. Ingoing reflection occurs through journaling, peer presentations and a discernment retreat.

***Practicum, Part 2.** Six classes at various times throughout the year, with actual supervised direction of one or more persons.

Certificate of Completion. Occurs upon completion of all stages of formation and a final interview with Sister Rachel Dietz, OSB.

All three classes will begin in October, 2009 and continue through May, 2010. Please register during the summer. No registrations will be accepted after September 1.

** Practicum, Parts 1 and 2, will be offered as students graduate to succeeding levels. Tentatively, Practicum Part 1 will be offered beginning in October, 2010 and Practicum Part 2 in October, 2011.*

Cut here:

Registration Form for Spiritual Direction Formation

I would like to register for: **Retreat in Daily Life** _____ **Introduction to Spiritual Direction** _____
Spiritual Classics _____

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (Day) _____ (Evening) _____

Email _____

Fax _____

Return form to: Sister Rachel Dietz, OSB, St. Scholastica Retreat Center
P.O. Box 3489, Fort Smith, AR 72903