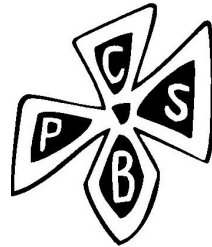


... How can I best respond  
to this God who loves so incompre-  
hensibly?  
How can I live the unfathomable  
possibility  
God entrusted to me?  
Is it by remaining open to receive  
by allowing my Creator to continue  
to create  
In me, through me, with me, me,  
by living in everything my own  
“Let it be just as You say?”

-excerpt from “Mystery”  
By Sister Louise Sharum



My Fiat  
By Sister Maria Goretti DeAngeli, OSB  
I hear your call, oh God, though dimmed  
by the noise deep within me.  
I try to break through  
the density of my being,  
To say my wholehearted YES  
to sing with Mary,  
MY BEING BLESS YOU, MY GOD  
as I hear you,  
Call me to peace and justice,  
to love and to hope.  
May my FIAT ring true to YOU.



A Psalm  
By Sister Cecilia Brickell, OSB  
Be open! See the Beauty surrounding you!  
Be open! Hear the complex Harmony  
underlying all creation.  
Be open! Smell the rich spiciness  
that is the nourishing curry of life.  
Be open! Touch the sweet Presence of Joy.  
Be open! Touch the Warmth and Power  
within.  
Recognize Love!  
Be in Awe! Lift your mind,  
your heart,  
your hands.  
Give praise!






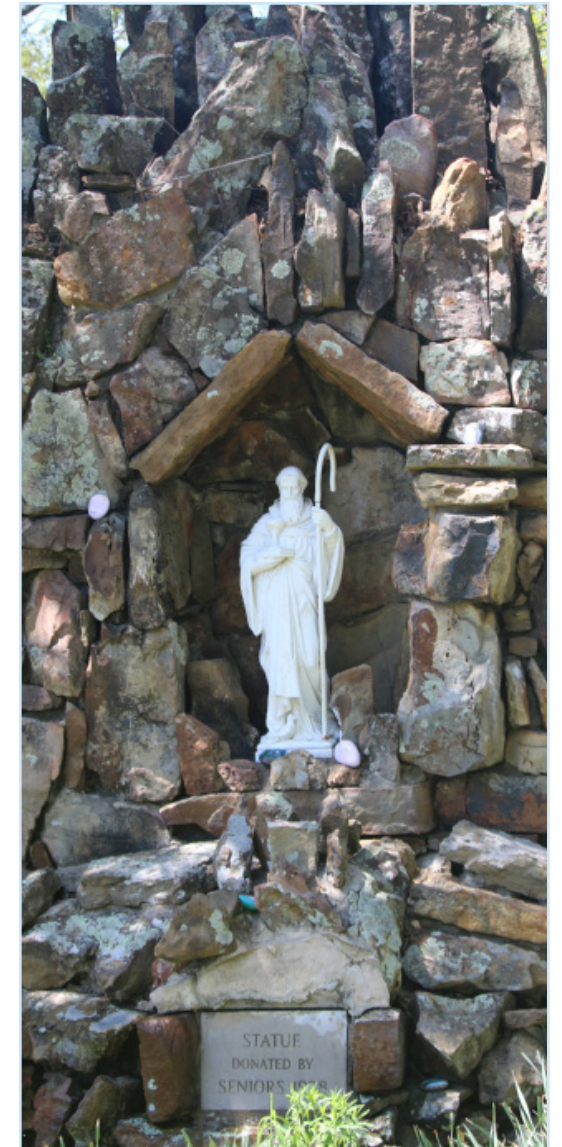
St. Scholastica Monastery  
1315 S. Albert Pike  
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<https://www.stscho.org/oblates/>



Sister Laura Cathcart, OSB  
*Oblate Director*

Sisters Maria DeAngeli &  
Hilary Decker, OSB  
*Oblate Mentors*

 St. Scholastica Monastery Fort Smith  
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Enrich your spiritual  
life as a Benedictine  
Oblate of  
*St. Scholastica Monastery*



## What is an Oblate?

An Oblate of St. Benedict is any Christian—Catholic or Protestant—affiliated with a Benedictine community for the purpose of enriching his/her Christian way of life by sharing in the spiritual life, prayers, and good works of the community.

Since St. Benedict founded his order in the early sixth century A.D., Christian laypeople from different walks of life have associated themselves with his monasteries for spiritual enrichment.

Oblates do not live in monastic communities, but continue to carry out their usual duties at home, work, and in their churches and communities. Encouraged by the wisdom of the Rule of St. Benedict, Oblates strive to live a balanced life of work, prayer, and holy leisure. Oblates are encouraged to pray some of the Liturgy of the Hours each day. Oblates become extensions of the monastic community and give witness to the Benedictine charism in the secular world.

Oblates are encouraged to honor God's presence in all people, places, and occasions, and to show love and concern for others.



## What is the process for becoming an Oblate of St. Scholastica Monastery?

Becoming an Oblate of St. Benedict is a commitment to oneself to draw closer in relationship to God. Every spiritual journey is unique. The Sisters of St. Scholastica understand that this journey is one to be honored by taking spiritual time to allow God to work in the human heart.

The process of oblation at St. Scholastica Monastery is a 3 year process.

### The 1st year: Inquiry

Inquirers are to attend the monthly meetings at the monastery. Inquirers will have an introduction to Benedictine Spirituality, Monasticism, and the Rule of St. Benedict.

### The 2nd Year: Formation

This year is given to more formal study of the Rule of Benedict. Emphasis is also placed on discussion of How Benedictine Spirituality is lived in day to day life.

### The 3rd Year: Oblation

Individuals make a formal commitment to their spiritual journey as an Oblate of St. Benedict to St. Scholastica Monastery.

Oblate meetings are held the third Sunday of each month from September to May, with a Zoom option for those unable to attend in-person.

Oblate meetings begin with the 9:15 a.m. Mass, followed by a brief presentation, discussion, and time for fellowship.



### An Invitation

The Sisters of St. Scholastica Monastery extend to the Oblate an invitation to unite his/her prayer life to the Community and to extend the Benedictine charism to others, and to be a faithful witness to Christ with their support.

## St. Scholastica Monastery Prayer & Liturgy Schedule

**Morning Praise**  
7:00 a.m. Monday through  
Friday

11:30 a.m. Saturday  
7:30 a.m. Sunday

**Eucharist**  
7:30 a.m. Tuesday through  
Friday  
9:15 a.m. Sunday

**Noon Praise**  
11:50 a.m. Monday through  
Friday

**Evening Praise**  
5:00 p.m. daily

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**Times occasionally change  
due to Holy Days, holidays,  
or special events**